

## The Best Bee Pollen

*"USA pollen buyers have deemed Western Australian eucalyptus pollen to be the tastiest in the world".*

**'Pollen Power' - Bee Pollen** is the best picked pollen in Australia, certified and extracted from the highest quality eucalyptus species in Western Australia. Western Australia's eucalyptus pollen is renowned for being the tastiest in the world, as well as being of the highest quality.

Bee Pollen has a nutrient (Iron, Zinc, Manganese, Copper, Potassium, Calcium) level higher than most common eaten fruits such as bananas and apples. Pollen Power is harvested free of chemicals and from pristine forests and conservation reserves.

## How to Take Bee Pollen

You can stir the granules into vegetable juices, or even into water or fruit shakes. Whirl the granules into salad dressings. Sprinkle granules on toast topped with peanut butter.

Don't cook with the granules or add granules to anything that requires heat. Heat destroys the live enzymes and reduces the nutrient value.

An average adult intake is 2 teaspoons per day (10 grams in total). Athletes may take up to 4 teaspoons a day.

**Food Warning:** It is important to note that in rare cases, an allergic reaction to pollen may be experienced.

Although there are many benefits of bee pollen, those who are allergic to bees should avoid bee pollen (and other bee products).



If you have any questions or comments please write to:

**Pure Natural Health Pty Limited**

**1300 536 663**

E-mail: [info@beepollen.com.au](mailto:info@beepollen.com.au)

Or visit our website where you will find comprehensive information about bee pollen.

**[www.beepollen.com.au](http://www.beepollen.com.au)**

# POLLEN POWER

POWER OF THE BEES

*"If the bee disappeared off the surface of the globe, then man would only have four years left to live."*

Albert Einstein



## Pollen Power: Power of the bees

Known as “Ambrosia” or Food of the Gods, pollen has been used for centuries as a food source and to increase energy and stamina. Literature dates back thousands of years to this amazing food and its powers.

### Natures Most Complete Food

Today, many scientists describe bee pollen as one of nature's most ‘complete nourishing foods’. Bee Pollen has so many known benefits and has helped thousands of people change their life.

Dr. Carlton Fredericks, considered by many as the world's leading health authority stated that...

***“Honeybee pollen is the only super perfect food on this earth. This statement is NOT subject to debate or challenge”.***

Bee pollen corrects deficient or unbalanced nutrition, common in the customs of our present day civilization of consuming incomplete foods, often with added chemical ingredients which expose us to physiological problems as various as they are numerous.

***“One of the most important bee pollen facts is that it is rich in antioxidants”***

## Sports Nutrition

What did the greatest boxer of all time, the first ever gymnast to be awarded a perfect 10 in an Olympic gymnastic event and once the fastest man in the world all have in common?

***“They all used Bee Pollen while dominating their sport”.***

There are also many other legendary Olympic victories directly attributed to this super food. It produces an accelerated rate of recovery, including a return to normal heart rate, breathing, and readiness for the next event. Bee pollen is known to improve second and subsequent performances.

Bee pollen **rejuvenates** your body and **enhances** vitality. Bee pollen's ability to consistently and noticeably increase energy levels makes it a favourite substance among many world class athletes and those interested in sustaining and enhancing quality performance.



## Rejuvenate, Re-energise, Revitalise

Pollen is considered an energy and nutritive tonic in Chinese remedies. Cultures throughout the world use it in a surprising number of applications for improving endurance, vitality, stamina and reducing cravings.

Each golden granule is densely packed with live enzymes, just about every nutrient that has a name, and some compounds that science has not yet identified or labelled.

***One of the most interesting facts about bee pollen is that it cannot be synthesized in a laboratory.***

When researchers take away a bee's pollen-filled comb and feed her man made pollen, the bee dies even though all the known nutrients are present in the lab-produced synthesized food.

Many thousands of chemical analyses of bee pollen have been made with the very latest diagnostic equipment, but there are still some compounds present in bee pollen that science cannot identify.

**The bees add some mysterious “extra” of their own.**

These unidentifiable compounds may very well be the reason bee pollen works so spectacularly against so many diverse conditions. Perfectly balanced by Mother Nature to feed your cells, pollen will re-energise and rejuvenate your life.